

# **Footbaths - Infection Prevention and Control**

## Do footbaths have to be cleaned and disinfected between clients?

- Yes. Footbaths must be cleaned and disinfected between clients.
- Footbaths must also be cleaned and disinfected at the end of each day.

### Does the footbath screen have to be removed, cleaned and disinfected?

- Yes. If the footbath is **pipeless** or **non-recirculating**, then the screen must be cleaned and disinfected **between clients**.
- If the footbath **has pipes** or is **recirculating**, then the screen must be removed, cleaned and disinfected at the **end of each day**.

## How do you clean and disinfect a pipeless footbath?

Between clients you must:

- Clean the tub with soap and water. Use a scrub brush.\*
- Rinse with clean water.
- Disinfect the tub with a disinfectant that has a Tuberculocidial (TB) claim on the label. Spray the footbath thoroughly and follow the manufacturer instructions.

OR

Disinfect the tub with a bleach solution. The solution can be made by mixing 10 ml of bleach with 495 ml of water or 2 teaspoons of bleach with 2 cups of water. It must be made fresh daily. Spray the footbath with the bleach solution and let it sit for 10 minutes.

If the footbath has a screen, then the screen must be removed, cleaned and disinfected between clients and at the end of each day.

#### How do you clean and disinfect a footbath with pipes?

Between clients you must:

- Clean the tub with soap and water. Use a scrub brush.\*
- Rinse with clean water.



• Disinfect the tub with a disinfectant that has a TB claim on the label. Circulate the disinfectant through the pipes and follow the manufacturer instructions.

OR

Disinfect the tub with a bleach solution (this may be corrosive to your pipes). The solution can be made by mixing 20 litres of water with 404 ml of bleach, approximately the volume of a small drinking water bottle. Circulate the solution through the pipes for at least 10 minutes.

At the end of each day, the screen must be removed, cleaned and disinfected.

## What if I use a single-use disposable liner?

• You still need to clean and disinfect your footbath between clients.

Between clients you must:

- Clean the tub with soap and water. Use a scrub brush.\*
- Rinse with clean water.
- Disinfect the tub with a low level disinfectant by thoroughly spraying the tub. Follow the manufacturer instructions.

OR

Disinfect the tub by using a bleach solution. The solution can be used by mixing 5 ml of bleach with  $2\frac{1}{2}$  litres water or 1 teaspoon of bleach with 10 cups water. Spray the tub with the solution and let it soak for 10 minutes. The bleach solution must be made fresh daily.

## What more can I do to protect my clients from infection?

• Tell your clients to avoid waxing or shaving legs 24 hours before having a pedicure.

## \* At the end of each day clean and soak the scrub brush in a disinfectant.

