

Manicures, Pedicures and Nail Treatments

To prevent infections from occurring through these services:

Personal Service Workers (PSW)/Clients

- Clients' nails should be examined for discolouration before starting the procedure.
- When discolouration such as a yellow-green colour appears on the nail, do not provide service. Advise the client to see a doctor.
- Do NOT treat a client that you think has nail mould or fungus.

Nail Service Equipment

- All reusable nail service equipment and instruments must be cleaned and disinfected using intermediate to high-level disinfection between clients.
- Razor blades used for pedicures must be pre-packaged and single-use.
- Discard razors immediately after use into a proper sharps container.
- Instruments that cannot be properly cleaned and disinfected between clients are single-use and cannot be used on more than one client. This includes buffer blocks, nail files, Hindu stones, arbour/sanding bands and pumice stones.
- It is no longer acceptable to clean and soak nail files with foam and plastic cores. These are now considered single-use instruments.
- Some equipment can be stored for re-use with the same client provided that the storage units are clearly labeled with the full name of the client.
- Nail files and instruments belonging to the PSW must not be stored at the workstation. The PSW instruments should be stored separately in a labeled container.
- Foot files must be cleaned and soaked in an intermediate level disinfectant between clients. If the varnish is no longer sealed (intact), then the foot file must be discarded.
- If reusable drill bits are used, then the bit must be cleaned and soaked in an intermediate level disinfectant between clients. See "Disinfection Fact Sheet"
- "UV light sterilizers" are not approved for sterilization. These units may be used to store instruments that have been appropriately cleaned and disinfected.

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